ABSTRACT OF THE DISCLOSURE

2	An insole construction for footwear comprising a base
3	member, an intermediate member formed of a soft foam and having a
4	plurality of substantially uniformly spaced raised cushioning
5	elements on the upper surface thereof, and a flexible cover member
6	surrounding the intermediate member and extending beneath the base
7	member. The intermediate member preferably is formed of a foam
8	such as polyurethane foam. The raised cushioning elements are of a
9	height of approximately 6 millimeters above the upper surface of the
10	intermediate member and are spaced approximately 10-30 millimeters
11	from each other.